

EXTRA CURRICULAR TIMETABLE



Sandringham	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 7:30 – 8:10am	AAP Boys Basketball @ Longbridge 7-8am (Coach Rich) AAP Boys FOOTBALL - 3G pitch (RBK/Academy Coaches)	Year 8&9 Boys Basketball @ Longbridge (JOD)	AAP Girls Basketball @ Longbridge 7-8am (Coach Rich) AAP GIRLS FOOTBALL – 3G pitch (CPE/Academy coaches) Yr 7 Boys Basketball @ Sandringham (HAY)	Year 7 Girls Basketball @ LONGBRIDGE (Coach Rich)	Year 7 Girls Basketball @ SANDRINGHAM (HAY) Yr 10/11 Boys Basketball @ LONGBRIDGE (Coach Rich)
Break time 10:50 – 11.05am	Basketball Shooting (Coach Rich)	Basketball Shooting (AJU)	Basketball Shooting (CCO)	Basketball Shooting (HAY)	Basketball Shooting (AJU)
Lunchtime 1:15-1:40pm		Netball academy training (SPORTS HALL)			Netball academy training (SPORTS HALL)
After School 3:00-4:15pm	Football Academy Training (Boys and Girls) Netball Academy Training (SR Sports hall) Year 7 boys Football @ LONGBRIDGE astro (RBK) Yr 9/10/11 Girls football @ Longbridge (CPE) Year 7 Netball @ Longbridge Netball courts (ASR) Year 11 boys Football @ SANDRINGHAM MUGA (SLE)	Boys Football Academy training Year Boys 9 Football @ LONGBRIDGE astro (TCO) Yr 7 Boys Basketball @ Longbridge (Coach Rich) AAP Netball (Academy Coaches) GREEN GYM, SANDRINGHAM	Academy Games Badminton GREEN GYM @ SANDRINGHAM (CSU) Year 7 & 8 Rugby LONGBRIDGE FIELD	Year 10 boys Football @ LONGBRIDGE astro (RBK) Yr 7 Girls football @ Longbridge Astro (CPE) Year 9 Netball @ LONGBRIDGE Netball courts (ASR) Year 8 Netball @ Longbridge Courts (TTI)	Basketball Academy Training Girls Football Academy Training Year 8 Boys Football @ LONGBRIDGE (HAY) Year 10/11 Boys Basketball @ Longbridge (Coach Rich)

