



EXTRA CURRICULAR TIMETABLE



Longbridge	Monday	Tuesday	Wednesday	Thursday	Friday
Before School 7:30 – 8:10am	<p>AAP Boys Basketball @ Longbridge 7-8am (Coach Rich)</p> <p>AAP Boys FOOTBALL - 3G pitch (RBK/Academy Coaches)</p>	<p>Year 8&9 Boys Basketball @ Longbridge (JOD)</p>	<p>AAP Girls Basketball @ Longbridge 7-8am (Coach Rich)</p> <p>AAP GIRLS FOOTBALL – 3G pitch (CPE/Academy coaches)</p> <p>Yr 7 Boys Basketball @ Sandringham (HAY)</p>	<p>Year 7 Girls Basketball @ LONGBRIDGE (Coach Rich)</p>	<p>Year 7 Girls Basketball @ SANDRINGHAM (HAY)</p> <p>Yr 10/11 Boys Basketball @ LONGBRIDGE (Coach Rich)</p>
Break time 10:50 – 11.05am	Basketball Shooting (JOD)	Basketball Shooting (RBK)	Basketball Shooting (ASR)	Basketball Shooting (JOD)	Basketball Shooting (AJU)
Lunchtime 1:15- 1:40pm	Basketball Shooting	Basketball Shooting	Basketball Shooting	Basketball Shooting	Basketball Shooting
After School 3:00- 4:15pm	<p>Football Academy Training (Boys and Girls)</p> <p>Netball Academy Training (SR Sports hall)</p> <p>Year 7 boys Football @ LONGBRIDGE astro (RBK)</p> <p>Yr 9/10/11 Girls football @ Longbridge (CPE)</p> <p>Year 7 Netball @ Longbridge Netball courts (ASR)</p> <p>Yr 8/9 Girls Basketball @ Sandringham (Coach Rich)</p>	<p>Boys Football Academy training</p> <p>Year Boys 9 Football @ LONGBRIDGE astro (TCO)</p> <p>Yr 7 Boys Basketball @ Longbridge (Coach Rich)</p> <p>AAP Netball (Academy Coaches) GREEN GYM, SANDRINGHAM</p>	<p>Academy Games</p> <p>Badminton GREEN GYM @ SANDRINGHAM (CSU)</p> <p>Year 7 & 8 Rugby LONGBRIDGE FIELD</p>	<p>Year 10 boys Football @ LONGBRIDGE astro (RBK)</p> <p>Yr 7 Girls football @ Longbridge Astro (CPE)</p> <p>Year 9 Netball @ LONGBRIDGE Netball courts (ASR)</p> <p>Year 8 Netball @ Longbridge Courts (TTI)</p>	<p>Basketball Academy Training</p> <p>Girls Football Academy Training</p> <p>Year 8 Boys Football @ LONGBRIDGE (HAY)</p> <p>Year 10/11 Boys Basketball @ Longbridge (Coach Rich)</p>



	<p>Year 11 boys Football @ SANDRINGHAM MUGA (SLE)</p>				
--	--	--	--	--	--