

BARKING ABBEY SCHOOL – PASTORAL CURRICULUM PLAN KS3/4

Week No.	WC	Mindfulness Monday	BEST Habit Tuesday	Wellbeing Wednesday	Termly Theme – LR Assembly – SR	Assembly – LR Termly Theme - SR	Theme link
1	30.08.2021	No School	No School	INSET DAY	Operational Procedures	Operational Procedures	
2	6.09.21	Mindfulness	What are the BEST Habits	How BEST Habits can work for you	Character	The BEST Habits in School	Character Education
3	13.09.21	Mindfulness	Democracy	BA WAY	Character	Democracy	British Values
4	20.09.21	Mindfulness	Democracy	BA WAY	Character	Safeguarding	Student Wellbeing
5	27.09.201	Mindfulness	Democracy	BA WAY	Character	Character Education	Character Education
6	4.10.21	Mindfulness	Self – Regulation	BA WAY	Character	Black History Month	SCMS
7	11.10.21	Mindfulness	Self – Regulation	BA WAY	Character	JLT	Student Development
8	18.10.21	Mindfulness	Self – Regulation	BA WAY	Character	Celebration Assembly	Celebration of Success
HT ONE							
1	1.11.21	Mindfulness	Respect and Tolerance	Wellbeing	Leadership	Respect and Tolerance	Growth Mind-set
2	8.11.21	Mindfulness	Respect and Tolerance	Wellbeing	Leadership	Remembrance	SCMS
3	15.11.21	Mindfulness	Respect and Tolerance	Wellbeing	Leadership	Anti-Bullying Week	Student Wellbeing
4	22.11.21	Mindfulness	Courage	Wellbeing	Leadership	Courage	BEST HABIT
5	29.11.21	Mindfulness	Courage	Debates or Tutors Choice	Leadership	JLT	Student Development
6	6.12.21	Mindfulness	Courage	Debates or Tutors Choice	Leadership	Optimism	BEST Habit
7	13.12.21	Mindfulness	Optimism	Debates or Tutors Choice	Leadership	Termly Celebration Assembly	Celebration of Success
8	20.12.21	Mindfulness	Optimism	NO SCHOOL	NO SCHOOL	NO SCHOOL	
Christmas Holidays							
1	3.01.22	Mindfulness	Optimism	Strong Minds	My Life My Future	Careers	Student Development
2	10.01.22	Mindfulness	Empathy	Strong Minds	My Life My Future	Empathy	BEST Habit
3	17.01.22	Mindfulness	Empathy	Strong Minds	My Life My Future	Strong Minds	Student Wellbeing
4	24.01.22	Mindfulness	Empathy	Strong Minds	My Life My Future	Holocaust	SCMS

5	31.01.22	Mindfulness	Open - Mindedness	Strong Minds	My Life My Future	Mental Health Week	Student Wellbeing
6	7.02.22	Mindfulness	Open - Mindedness	Strong Minds	My Life My Future	Celebration Assembly	Celebration of Success
HT TWO							
1	21.02.22	Mindfulness	Open - Mindedness	Resilience	Organisation	Resilience	BEST Habit
2	28.02.22	Mindfulness	Organisation	Resilience	Organisation	Organisation	BEST Habit
3	7.03.22	Mindfulness	Organisation	Resilience	Organisation	Student Led	Student Development
4	14.03.22	Mindfulness	Organisation	Resilience	Organisation	Perseverance	BEST Habit
5	21.03.22	Mindfulness	Perseverance	Resilience	Organisation	JLT	Student Development
6	28.03.22	Mindfulness	Perseverance	Resilience	Organisation	Termly Celebration Assembly	Celebration of Success
EASTER HOLIDAYS							
1	18.04.22	Mindfulness	Perseverance	Resilience	Speak Well	Speak Well	Student Development
2	25.04.22	Mindfulness	Prioritising	Resilience	Speak Well	Prioritising	BEST Habit
3	2.05.22	BANK HOLIDAY	Prioritising	Resilience	Speak Well	Safeguarding	Student Wellbeing
4	9.05.22	Mindfulness	Prioritising	Resilience	EID	EID? Student led	SCMS
5	16.05.22	Mindfulness	Justice	Tutors choice	Speak Well	Justice	British Values
6	23.05.22	Mindfulness	Justice	Resilience or tutors choice	Speak Well	Celebration Assembly	Celebration of Success
HT THREE							
1	6.06.22	Mindfulness	Justice	On Line Safety	Speak Well	The Environment	SCMS
2	13.06.22	Mindfulness	Curiosity	On Line Safety	Speak Well	Curiosity	BEST Habit
3	20.06.22	Mindfulness	Curiosity	On Line Safety	Speak Well	Online Safety	Student Wellbeing
4	27.06.22	Mindfulness	Curiosity	On Line Safety	Speak Well	Student Led	Student Development
5	4.07.22	Mindfulness	Individual Liberty and Rule of Law	Tutors choice	Speak Well or tutors choice	Individual Liberty and Rule of Law	British Values
6	11.07.22	Mindfulness	Individual Liberty and Rule of Law	Tutors choice	Tutors choice	Termly Celebration Assembly	Celebration of Success