

BARKING ABBEY MENU BAGUETTES & DELI BOXES

	Monday	Tuesday	Wednesday	Thursday	Friday
Baguette	Cheese	Cheese	Cheese	Cheese	Cheese
Baguette	Plain Chicken & Salad	Plain Chicken & Salad	Plain Chicken & Salad	Plain Chicken & Salad	Plain Chicken & Salad
Baguette	Chicken Mayonnaise & Salad	Chicken Mayonnaise & Salad	Chicken Mayonnaise & Salad	Chicken Mayonnaise & Salad	Chicken Mayonnaise & Salad
Baguette	Chicken Mayonnaise	Chicken Mayonnaise	Chicken Mayonnaise	Chicken Mayonnaise	Chicken Mayonnaise
Baguette	Coronation Chicken	Tandoori Chicken	BBQ Chicken	Cajun Chicken	Sweet Chilli Chicken
Wraps	Hummus, Carrot, Salad Wrap	Hummus, Carrot, Salad Wrap	Hummus, Carrot, Salad Wrap	Hummus, Carrot, Salad Wrap	Hummus, Carrot, Salad Wrap
Wraps	Hoi Sin Chicken	Paprika Chicken	Chilli Chicken	Tandoori Chicken	Chicken Mayonnaise Wrap
Bap	Ham & Salad	Cheese & Tomato	Ham & Salad	Cheese & Tomato	BLT
Salad Box	Cheese & Tomato	Italian Rice Chicken Salad	Cheese & Tomato	Cheese & Tomato	Cheese & Tomato
Salad Pot (Box)	Southern Fried Ceasar	Southern Fried Ceasar	Southern Fried Ceasar	Southern Fried Ceasar	Southern Fried Ceasar