



SIXTH FORM

TRANSITION BULLETIN

EDITION: 4

Dear Year 11,

As we continue each week to ease ourselves out of the lockdown restrictions imposed over the last 3 months , it is important to reflect on some of the positives that have emerged from this imposed isolation- cleaner air, our homeless taken off our streets and a better community spirit . This spirit was strongly reinforced when just two days after announcing it at the end of March over 750,000 volunteers signed up to assist as NHS helpers in their local area This spirit was probably last seen here in our capital city when thousands of volunteers welcomed athletes and visitors from all over the world to the London 2012 Olympics.

Volunteering is an extraordinary way for you to develop your existing and extending those really important employability skills that are sought more than ever in further education and the modern workplace. When it comes to CV Construction, building your Linked In profile, constructing that UCAS personal statement or having topics to talk about at Interview- Having Volunteering experiences enables you to highlight all the following:

- Communication skills
- Flexibility
- Good time management
- The ability to be a good leader
- Problem-solving skills
- Creativity
- Being able to work well under pressure
- Decision making
- Being a good team player

For Careers in Healthcare, Sport, Politics, Social Care and Education – volunteering is a must and even in these uncertain times whether it is online or in a carefully socially distanced world...you should avail of the wealth of opportunities that are out there during this long extended Summer holiday. Charities are struggling as businesses during these challenging economic times and any voluntary contribution you can offer them will be invaluable in the short and long term. At 16 years of age, many of the opportunities set out in an A-Z style format in this bulletin are now accessible and ready for you to engage in. They will be an invaluable addition to your portfolio as you start to map your Post 18 journey.

Please do not hesitate over the next 11 weeks to email me on :

moloneya@barkingabbeysschool.co.uk should you have any queries or concerns no matter how small regarding this key transition to Key Stage 5.

Thanking you

Mr. Anthony Moloney
Head of Sixth Form

Last weeks' Emoji Pictionary Quiz How Many of the 30 movies did you unravel ?

GUESS THE MOVIE:

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VIA 9GAG.COM

1.Life of Pi	11. The Devil wears Prada	21.Ninja Turtles
2.Sweeny Todd	12. Eat Pray Love	22. Men in Black
3. Harry Potter and the Goblet of Fire	13.ET	23.Happy Feet
4.I know What you Did last Summer	14.The Ring	24.2012
5.Broke Back Mountain	15.Edward Scissor hands	25.Independence Day
6.Pearl Harbour	16. Forest Gump	26. UP
7.Cinderella	17.Babe	27. Lord of the Rings
8.Thor	18. Kung Fu Panda	28.Final Destination
9.Planet of The Apes	19. 27 Dresses	29. The Curious case of Benjamin Button
10 Titanic	20.Lost in Translation	30.American Pie

A Different Type of Brain Teaser for the week ahead: Can You Get These 3 Movie Stars Across the River?





Three movie stars, Chloe, Lexa and Jon, are filming a movie in the Amazon. They're very famous and very high-maintenance, so their agents are always with them. One day, after filming a scene deep in the rainforest, the three actors and their agents decide to head back to home base by foot. Suddenly, they come to a large river.

On the riverbank, they find a small rowboat, but it's only big enough to hold two of them at one time. The catch? None of the agents are comfortable leaving their movie star with any other agents if they're not there as well. They don't trust that the other agents won't try to poach their star.

For example, Chloe's agent is okay if Chloe and Lexa are alone in the boat or on one of the riverbanks, but definitely *not* okay if Lexa's agent is also with them. **So how can they all get across the river?**



Work Experience Opportunities

Try these Virtual Online Placements (Some of these require registering with a provider called Inside Sherpa and require you to put in a University and Course as they are keen to enrol degree studying students...Please put down a university and course that you would like to do)

	Latham & Wilkins (Law Firm) Virtual Work Experience:
	The KPMG Data Analytics Virtual Internship
	Deloitte Tech Consulting Virtual Internship
	JP Morgan Software Engineering Virtual Work Experience:

 Pinsent Masons	Pinsent Masons Virtual Law Experience Programme
 accenture	Accenture Future Innovator Discovery Programme
 Baker Mckenzie.	Baker McKenzie Virtual Law Work Experience
 citi	Citi Institutional Banking Virtual Internship Program
 Linklaters	Linklaters Commercial Law Virtual Work Experience
 JOHN HOLLAND	John Holland Virtual Engineering Work Experience

Other Work Experiences: (You will need to register on www.s4snextgen.org)

 Jacobs Challenging today. Reinventing tomorrow.	<p><u>Jacobs Virtual Work Experience Programme - Design of a Coronavirus Vaccine Research Centre.</u> Our virtual work experience programme will take you through the design of a Coronavirus vaccine research facility. We will introduce you to the wide range of people within the STEM fields that come together to make this project a reality from architects and engineers through to project manager... VIEW OPPORTUNITY</p>
 CISCO	<p>VWEX: Virtual Work Experience for Y11 within Cisco's Tech/Business Departments. Curious about a career in technology? Looking for work experience that's fun, exciting and where you can get stuck in? Wanted to come to Cisco for work experience but thought you couldn't attend as you don't live near enough to our Bedford and Reading offices? VIEW OPPORTUNITY</p>

	<p>VWEX: ISG- Global Construction Specialist. ISG is a global construction specialist, delivering places where people and businesses thrive. We want to inspire and encourage the next generation to pursue a career in construction. We're looking for enthusiastic students aged 13-17 to join us for a five-day Virtual Work Experience VIEW OPPORTUNITY</p>
	<p>Virtual Work Experience: PwC Virtual Skills Week. Please note: This is a week-long Virtual Work Experience placement and will take place online. Are you aged 14-18 and interested in finding out more about PwC? We're one of the world's largest professional services firms, using our skills and experience to help organisations solve their business issues VIEW OPPORTUNITY</p>
	<p>VWEX- Discover the World of Advertising, Marketing, and Communications. Brixton Finishing School. #WelcomeToAdland Discover the World of Advertising, Marketing, and Communications Interested in discovering the world of advertising, marketing, and technology? Aged 14 – 19 years old? VIEW OPPORTUNITY</p>
	<p>VWEX: The Office of Communications- Ofcom We are the independent regulator and competition authority for the UK communications industries. At Ofcom you will help ensure that people in the UK get the best from their communications services. This includes television, radio, telecoms, broadband and post. VIEW OPPORTUNITY</p>
	<p>Online Insight Day with Santander WE Initiate If you're 15-16 years-old, come along to our virtual insight session, WE Initiate, to find out what the world of work is really like. You never know, it may even lead you to a career with us here at Santander. VIEW OPPORTUNITY</p>
	<p>Virtual Work Experience – A week at Spotify Work experience - 1-11 John Adam Street This is an exciting opportunity to experience life in a leading music/technology company. We have a great opportunity for students to get an insight into several different teams across the Ad Sales Business during a five day programme via our Virtual 'office'. VIEW OPPORTUNITY</p>

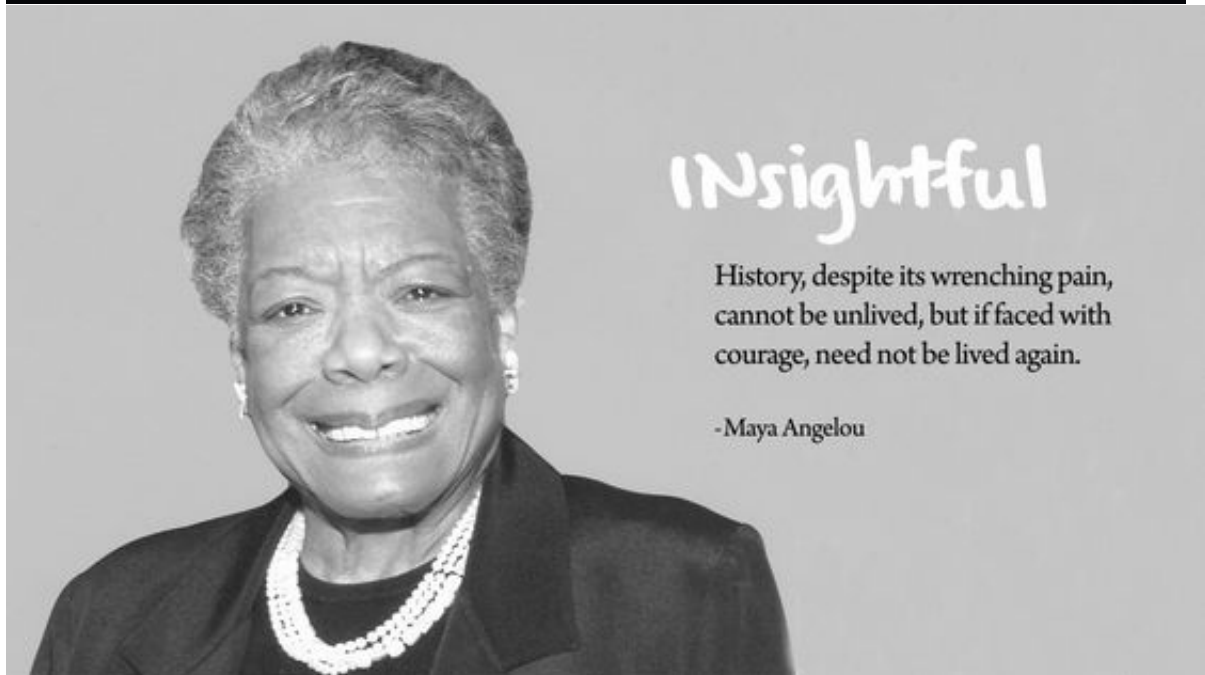


BP Work Insights

Work experience - Sunbury-on-Thames

BP is running our first ever virtual work experience! (Note: this experience takes place fully online and NOT at our office).BP's purpose is: "to re-imagine energy for people and our planet". We are looking for motivated students to take part in this experience [VIEW OPPORTUNITY](#)

To follow up on last week's focus on Current Affairs and politics...it is important to reflect and enrich oneself from the killing of George Floyd on racial discrimination and inequality. Maya Angelou an inspirational woman sought to highlight that Black Lives Matter through a wide variety of media...including her poetry ; one moving poem she wrote : Still I Rise is a moving composition highlighting the need for Black Americans to remain strong even when abuse and mistreatment can discourage and overwhelm them



Still I Rise

by Maya Angelou

You may write me down in history
With your bitter, twisted lies,
You may trod me in the very dirt
But still, like dust, I'll rise.

Does my sassiness upset you?
Why are you beset with gloom?
'Cause I walk like I've got oil wells
Pumping in my living room.

Just like moons and like suns,
With the certainty of tides,
Just like hopes springing high,
Still I'll rise.

Did you want to see me broken?
Bowed head and lowered eyes?
Shoulders falling down like teardrops,
Weakened by my soulful cries?

Does my haughtiness offend you?
Don't you take it awful hard
'Cause I laugh like I've got gold mines
Diggin' in my own backyard.

You may shoot me with your words,
You may cut me with your eyes,
You may kill me with your hatefulness,
But still, like air, I'll rise.

Does my sexiness upset you?
Does it come as a surprise
That I dance like I've got diamonds
At the meeting of my thighs?

Out of the huts of history's shame
I rise
Up from a past that's rooted in pain
I rise
I'm a black ocean, leaping and wide,
Welling and swelling I bear in the tide.

Leaving behind nights of terror and fear
I rise
Into a daybreak that's wondrously clear
I rise
Bringing the gifts that my ancestors gave,
I am the dream and the hope of the slave.

I rise
I rise
I rise.



Our English Department have selected a range of powerful and appropriate books that highlight the plight and challenges that being black signifies in current and past societies :

1. Mr Black	2. Ms Pathak	3. Ms. Pathak
4. Ms Adenuga/ Ms Ahmad	5. Ms Khan	6. Mr Wood
7 Ms Tahir	8 Mr Holmes	9 Mr Carey

Please read these staff's reasons for selecting these books here :

<https://twitter.com/BarkingAbbeyEng/status/1268475463787315207?s=20> and follow the English Department on Twitter here: <https://twitter.com/BarkingAbbeyEng>.

With 3 whole months of a summer holiday ahead... Why not take up a Volunteering role...



Here is the school's main A-Z collection of volunteering websites

A

Animal charities in the UK

General animal welfare charities in the UK include:

- **Blue Cross** - It's veterinary services helps thousands of pets every year. As a volunteer you can become a pet foster carer, help deliver pet education programmes to young people, work in a Blue Cross charity shop, take part in fundraising activities, provide emotional support to bereaved pet owners and help with walking, grooming and feeding animals and cleaning kennels.
- **The People's Dispensary for Sick Animals (PDSA)** - The UK's leading vet charity has 48 dedicated pet hospitals across the country. Volunteer placements are available in PDSA charity shops, offices and hospitals. At their head office you can volunteer in finance, marketing, education and fundraising roles. In the hospitals you can help to care for sick and injured pets and work on reception. Voluntary opportunities also exist for qualified vets and nurses.
- **The Royal Society for the Prevention of Cruelty to Animals (RSPCA)** - Prevents cruelty, promotes kindness to and alleviates the suffering of animals. Volunteering opportunities include fostering animals, assisting the re-homing service, photographing animals and fundraising. You can also volunteer in RSPCA branches as an administrator.
- **The Wildlife Trusts** - Protects and benefits the UK's natural environment. It cares for 2,300 nature reserves and has 40,000 volunteers, all of who help to secure the future of precious habitats and species. As a volunteer you can survey species, care for nature reserves and get involved in community gardening.

Assistance therapies and specialist charities

Several UK charities help people with day-to-day living by providing contact with animals. These include:

- **Assistance Dogs UK** - Made up of eight individual organisations: Canine Partners, Dog A.I.D., Dogs for Good, Guide Dogs, Hearing Dogs for Deaf People, Medical Detection Dogs, Support Dogs and The Seeing Dogs Alliance. Over 7,000 disabled people in the UK rely on assistance dogs to help with day-to-day tasks. Volunteers are needed to help educate puppies aged between six weeks and one year. Tasks include socialising, emergency and short-term fostering, and dog-walking to familiarise the puppy with public places.
- **Pets as Therapy** - The charity relies on volunteers to share their time and their pets with people in need. Volunteers provide a visiting service in hospitals, hospices, nursing and care homes, special needs schools and a variety of other venues across the UK.
- **Riding for the Disabled Association** - Arranges horse and pony-based activities such as riding, vaulting, show jumping, hippotherapy and carriage driving for around 25,000 disabled people every year. It is run by 18,000 volunteers across 500 groups; voluntary opportunities include mucking out, grooming, tacking-up, and leading and side-walking.
- **The Cinnamon Trust** - Helps elderly and terminally ill people to care for their pets. Around 15,000 volunteers perform dog-walking and other tasks including short-term fostering when the pet's owner is in hospital.

Arts and culture group Volunteering

National and regional arts festivals are a great place to make industry contacts. Art festivals take place over a couple of weeks during the summer months, so do some research into what's available in your community. Volunteering in museums is also a popular option. Both regional and national museums - all 2,500 of them in the UK - welcome volunteers. The Victoria and Albert Museum (V&A), the Natural History Museum and the Science Museum, all in London, recruit volunteers all year- round.

<https://www.artscouncil.org.uk/art-leadership/voluntary-arts>

<https://artuk.org/participate/volunteer>

<https://theartsociety.org/volunteering>

- [The Association of Medical Charities](#) - online directory of 151 different medical charities

B

Business mentoring

Business in the Community

Promotes socially responsible business and pushes the agenda of CSR.

The Centre for Mentoring

Business mentoring organisation providing mentoring services. Website includes access to some case studies.

Coaching and Mentoring Network

Provides business coaching and mentoring services. Includes access to case studies, articles and references to some publications.

<p>C</p>	<p>Charity Choice - the Charity Choice A to Z lists provide links to thousands of UK charities and non-profit organisations</p> <p>Charity Commission for England & Wales - includes a register of Charities in England and Wales</p> <p>Charity Jobs UK Website - your one stop charity job site</p> <p>Charity People - a dedicated charity jobs board and an online charity network, transforming forum into a fully integrated charity recruitment and networking resource</p> <p>Charityworks - dedicated to finding and developing the future leaders of the non profit sector in the UK. Charityworks is a unique talent initiative for charities, housing associations and social enterprises. See also, news stories and posts on Charityworks 360</p> <p>Community Connections – Imperial College Union’s service to connect Imperial students with volunteering in the community.</p> <p>Community Development Foundation Supports community work and carries out research, evaluation and policy analysis. Produces resources covering a range of topics in the community field.</p> <p>Community Matters: The National Federation of Community Organisations Provides a range of services to community associations and similar organisations.</p> <p>Community Service Volunteers (CSV) Large scale provider of volunteering opportunities in the UK. CSV also support training and education initiatives</p> <p>Conservation volunteering For community projects, get in touch with The Conservation Volunteers (TCV), who work across the UK to create healthier and happier communities by conserving local green spaces.</p> <p>For animal and environmental volunteering see organisations such as the Wildlife Trust and the Woodland Trust. With the Wildlife Trust you can care for nature reserves and get involved in habitat management and species surveying. The Woodland Trust provides opportunities to support wildlife, plant trees and campaign to protect vulnerable woods.</p> <p>You could also help out at the Marine Conservation Society head offices, get involved with local coastal conservation groups, take up beach cleaning or become a 'sea champion' and help to promote their campaigns.</p> <p>Other voluntary conservation opportunities exist with the National Trust, where you can help to conserve historic houses and gardens.</p> <p>If you would like to get in involved in conservation volunteering in exotic locations then Pod Volunteer has a range of projects.</p>
<p>D</p>	<p>Directory of Social Change Information, training publications and support for voluntary and community organisations.</p> <p>Do-It - provides listing of one million opportunities to volunteer in the UK, through which you can search and apply online</p>
<p>E</p>	<p>Eldis - an online information service providing free access to relevant, up-to-date and diverse research on international development issues</p> <p>Emergency volunteering This type of volunteering involves helping out in emergency situations such as natural disasters, fires, floods, individual medical emergencies and transport accidents. As an emergency response volunteer you'll support the emergency services, provide first aid and</p>

	<p>transport assistance, offer practical and emotional support to people in crisis and help to organise evacuations.</p> <p>To get involved visit:</p> <ul style="list-style-type: none"> • British Red Cross • Disasters Emergency Committee • Emergency UK • St John Ambulance <p>Engineers without Borders - an international humanitarian/not-for-profit engineering organisation</p> <p><u>European and wider UK mentoring and befriending</u></p> <p>Befriending Network Scotland A network for befriending projects, it has existed since the late 1980s to support and give information on befriending issues.</p> <p>ENCYMO (European Network of Children and Youth Mentoring Organisations) A network of approx 100 organisations in 15 european countries. Website includes contact details of mentoring programmes and information about mentoring.</p> <p>The Scottish Mentoring Network The body and voice of mentoring in Scotland, it has been in existence since 1987 as an informal group of individuals and organisations interested in mentoring.</p> <p>Volunteer Development Scotland The scottish national centre for volunteering.</p> <p>Volunteering - Wales.Net A website for people who want to find out about specific volunteering opportunities in Wales.</p>
F	<p>Fair Train – charity which promotes and champions all forms of work experience, volunteering, and internships.</p> <p>Flow Charitas - a dedicated not-for-profit and, more specifically, a charity recruitment consultancy</p> <p>Food Bank Volunteering : London : https://www.london.gov.uk/coronavirus/volunteer-and-donate/coronavirus-covid-19-supporting-foodbanks</p> <p>Trussell Trust : https://www.trusselltrust.org/get-involved/</p>
G	<p>Getting into International Development - The Careers Group's website for students and graduates interested in careers in international development</p> <p>Good Causes and Human Rights Organisations:</p> <ul style="list-style-type: none"> • Age Concern – www.ageconcern.org.uk • Amnesty International – www.amnesty.org.uk • Oxfam UK – www.oxfam.org.uk • Medecins Sans Frontieres – www.msf.org.uk • National Aids Trust – www.nat.org.uk • One Laptop Per Child – http://laptop.org/en/ • One World Action – www.oneworldaction.org • Plan UK – www.plan-uk.org • Sparks – www.sparks.org.uk

- Water Aid – www.wateraid.org/uk
- UNICEF – www.unicef.org.uk
- Abortion Rights – www.abortionrights.org.uk
- Campaign for Nuclear Disarmament – www.cnduk.org
- Children's Rights Alliance for England – www.crae.org.uk
- Dignity in Dying – www.dignityindying.org.uk
- Fairtrade Foundation – www.fairtrade.org.uk
- Foundation for International Environmental Law and Development – www.field.org.uk
- Friends of the Earth – www.foe.co.uk
- Republic – www.republic.org.uk
- United Nations Association – www.una-uk.org

The Aegis Trust

Founded in 2000, the Aegis Trust is a British NGO which campaigns to prevent genocide worldwide. This international organization honours the memories of genocide victims and enables people to meet survivors so that they can learn about their experiences.

REDRESS

The Redress Trust is a human rights organisation based in London that helps to obtain justice and repartition, in the form of compensation, rehabilitation, official acknowledgement of the wrong and formal apologies.

Save the Children UK

Save the Children is an international charity which works in over 60 countries around the world, including the UK. They deal with many issues which affect children, including child protection, health, education and children's rights.

Anti-Slavery International

With a headquarters in London, Anti-Slavery International works to end slavery throughout the world. Their projects span across Africa, Asia and Europe, including the UK..

Equal Rights Trust

The Equal Rights Trust works internationally from their base in London. Their goal is to support equality by combatting discrimination and promoting equality worldwide.

ALQST

This NGO calls on Saudi Arabia to commit to ending human rights violations. They advocate human rights by monitoring and documenting violations that occur in Saudi Arabia.

Human Rights Watch

Human Rights Watch is a leading international organisation which is dedicated to defending and promoting human rights around the world.

CARE International UK

CARE International was founded in 1945 and aims to help people to recover from war and fight poverty in the poorest countries. They work across 79 developing countries to save

lives in emergency situations and find long-term solutions to poverty for millions of people. They also focus on empowering women and girls to fulfil their potential.

JUSTICE

This all-party law reform and human rights organisation works to strengthen the justice system in the UK.

Overseas Development Institute

The Overseas Development Institute (ODI) is an independent, global think tank which aims to create a sustainable and peaceful world for everyone..

REPRIEVE

This organisation works to defend human rights by providing free legal and investigative support to vulnerable people. They work with people facing execution as well as victims of torture, extrajudicial imprisonment and extrajudicial killing.

Article 19

This British human rights organisation focuses specifically on on the defence and promotion of freedom of expression and freedom of information worldwide,

Child Rights Information Network

This International Network supports the United Nations Convention on the Rights of the Child by advocating the enforcement of children's rights globally.

The Refugee Council

Founded in 1951 in response to the UN convention for refugees, the council has provided practical and emotional support to refugees from all over the world.

Free Tibet

Their mission is to create a Tibet in which all Tibetans are able to determine their own future and the human rights of all are respected..

Freedom from Torture

Freedom from Torture helps torture survivors rebuild their lives, working from five national bases in London, Birmingham, Glasgow, Manchester and Newcastle.

Focus on Labour Exploitation (FLEX)

This London-based charity works to end human trafficking for labour exploitation.

The Traveller Movement

The Traveller Movement is a national charity committed to the fulfilment of human rights for ethnic minority Gypsy Roma and Traveller people

	<p><u>Survival International</u> Survival International is a global movement for the rights of tribal people. The organization helps to defend the rights of tribal people around the world and protect their lands.</p> <p><u>Global Vision International</u> - international internships, work experience opportunities and conservation expeditions around the world</p> <p><u>Global Volunteer Network</u> - community projects in China, Ecuador, Ghana, Nepal, Romania and Uganda. Volunteers have the opportunity to participate in a variety of educational and community aid programs. Volunteers can be involved in teaching English, environmental work, health and sanitation and cultural home stays</p> <p><u>Government Jobs Direct</u> - providing direct links to the jobs & vacancies pages on the websites of 359 UK government and public sector organisations</p> <p><u>The Guardian: Society - Voluntary Sector</u> - latest news from the public and voluntary sectors, including health, children, local government and social care</p>
<p>H</p>	<p><u>Healthcare and Hospital Volunteering</u></p> <p><u>The Association of Medical Charities</u> - online directory of 151 different medical charities</p> <p><u>Barking, Havering & Redbridge Trust:</u> http://www.bhrhospitals.nhs.uk/getting-involved/work-experience.htm</p> <p><u>King's College hospital</u> https://careers.kch.nhs.uk/working/work-experience https://www.kch.nhs.uk/about/get-involved/volunteering</p> <p><u>Whittington Hospital</u> http://www.whittington.nhs.uk/default.asp?c=17727</p> <p><u>Gap Medics during Half Term Break in Tanzania (£££££!!!)</u> http://www.gapmedics.co.uk/special-projects/oct-half-term-tanzania</p> <p><u>Observing at Great Ormond Street (GOSH)</u> http://www.gosh.nhs.uk/working-here/other-types-work/work-experience https://www.gosh.nhs.uk/working-here/volunteering-for-us/current-opportunities</p> <p><u>Bart's & the Royal London Volunteering...click on the various volunteer roles:</u> https://bartshealth.nhs.uk/macmillan-cancer-support</p> <p><u>Volunteering at the Foundling Museum</u> http://foundlingmuseum.org.uk/support/volunteering</p> <p><u>Volunteering/ Work Experience at St Thomas and Guy's Hospital</u> http://www.guysandstthomas.nhs.uk/careers/other-types-of-work/work-experience/clinical-work-experience.aspx (Mainly reserved for Southwark and Lambeth residents) https://www.guysandstthomas.nhs.uk/careers/other-types-of-work/volunteering/volunteering-roles.aspx</p> <p>Evalina Children's Hospital (Must be 17!!) : https://www.evelinalondon.nhs.uk/get-involved/volunteering.aspx</p> <p><u>Volunteering / Helping at the Homerton Hospital (Hackney)</u> http://www.homerton.nhs.uk/choosing-homerton/volunteering/</p> <p><u>Volunteering for St Mungo's Charity</u> https://volunteerteam.london.gov.uk/opportunities/7102</p> <p><u>Multiple Sclerosis Society Volunteer</u> https://www.mssociety.org.uk/ms-life-volunteer</p>

	<p><u>St Francis Hospice</u> https://www.stfrancis.org.uk/support-us/volunteer/how-can-i-help- <u>Royal Free Hospital Volunteering :</u> https://www.royalfree.nhs.uk/patients-visitors/get-involved-in-our-hospital/volunteer-at-the-royal-free-london/ <u>Chelsea and Westminster Hospital Volunteering Roles</u> http://www.chelwest.nhs.uk/about-us/working-here/volunteering <u>UCLH Volunteering Opportunities</u> https://www.uclh.nhs.uk/wwus/volunteer/Pages/Home.aspx <u>Hammersmith & Charing Cross Hospitals Youth Volunteering</u> https://www.imperialcharity.org.uk/volunteering/youth-volunteering-programme <u>Macmillan Cancer Volunteering</u> https://volunteering.macmillan.org.uk <u>Action For Children</u> https://www.actionforchildren.org.uk/how-to-help/volunteer-with-us/</p>
I	<p>The Institute of Development Studies - gateway site to all aspects of development including globalisation, development economics and international aid Institute of Fundraising - the professional membership body for UK fundraising. Its website contains information on developing a career in fundraising Intercultural Youth Exchange - offers a variety of volunteer placements working alongside NGOs around the world International Development Organisations – A comprehensive lists of links to international development organisations International Organisations - A list of non-governmental organisations, such as charities</p>
JK L	<p>Joseph Rowntree Foundation Independent social policy research charity. Range of publications/reports are accessible from the website.</p>
M	<p><u>Mental health volunteering</u> Suited to compassionate people with good listening and communication skills, mental health volunteering can provide great experience for those looking to break into health or social care roles.</p> <p>Both national and local mental health charities are always in need of volunteers. Positions can be found at:</p> <ul style="list-style-type: none"> • CALM • Mind • Place2Be • Sane • SelfHelp • Young Minds • Mental Health Foundation (Organisation providing a wide range of information on mental health in the UK. Includes downloadable peer support manual). <p>Millennium Volunteers (MV) UK-wide initiative to encourage 16-24 years old to volunteer their time for the benefit of others.</p>

<p>N</p>	<p>NAVCA The National Association for Voluntary and Community Action is the national voice of local voluntary and community sector infrastructure in England. National Council for Voluntary Organisations - A body that oversees voluntary work in the UK National Council of Voluntary Youth Services www.ncvys.org.uk The National Council for Voluntary Youth Services is a diverse and growing network of over 170 national organisations and regional and local networks that work with and for young people. Our mission is to ensure the development and recognition of a vibrant, sound and diverse voluntary and community sector that involves, empowers and meets the needs of all young people.</p>
<p>O</p>	<p>OECD - helps governments foster prosperity and fight poverty through economic growth and financial stability Offenders mentoring Clinks Supports voluntary organisations that work with offenders and their families. Crime Concern A not-for-profit organisation reducing crime by working with local people and community groups to create safer communities. OJJDP (Office of Juvenile Justice and Delinquency Prevention) US government department that contains information about mentoring and provides access to reports about the JUMP (Juvenile Mentoring Project) project, a large nationwide mentoring programme. SOVA They run projects around youth justice and offender rehabilitation. Oxfam - a leading international NGO with a worldwide reputation for excellence in the delivery of aid and development work. See their Aid Matters online resource</p>
<p>PQ</p>	<p>Public Affairs Links - provides everything you need to know about the UK and EU lobbying industry</p>
<p>R</p>	<p>Reach Volunteering - national online platform where you can look for volunteering opportunities based on your professional skills Royal Voluntary Service</p>
<p>S</p>	<p><u>School experience</u> For aspiring teachers volunteering at a local school is a good way to gain experience. Voluntary work in schools gives you practical-based examples to use at interview, the opportunity to learn from experienced teachers and evidence of your commitment. You could:</p> <ul style="list-style-type: none"> • Contact schools, nurseries and colleges and ask if you can visit, shadow or observe the teachers. • Ask charities or local authorities in your area if they run schemes for voluntary mentors to work with pupils, often on a one-to-one basis. <p>Scientists for Global Responsibility - promotes the responsible uses of scientific knowledge</p> <p><u>Social care</u></p>

	<p>If you'd like a career in social care, relevant experience is vital and this is where voluntary opportunities come in useful.</p> <p>If you can spare a couple of hours a week you could become a befriender. This involves supporting isolated individuals, usually the elderly or disabled. Services are available with charities such as Age UK and Deaf Blind UK.</p> <p>Alternatively, help to combat poverty with The Trussell Trust. Through the charity you can locate local food banks and donate your time as a warehouse volunteer, food bank centre volunteer, or as a supermarket collections volunteer.</p> <p>Volunteer social care positions are also available with:</p> <ul style="list-style-type: none"> • Change, grow, live • Prince's Trust • Together Trust <p>Working with both children and adults you could man helplines, volunteer as an online counsellor, assist with local gardening or craft groups, provide a listening ear during drop-in talking sessions or become a peer mentor. You could also work in a charity shop or fundraise for mental health charities.</p> <p><u>Sports coaching</u></p> <p>Work experience is essential in the competitive field of sport and volunteering positions often lead to more permanent employment.</p> <p>Through Join In, an official London Games legacy charity, you can search for local clubs in need of volunteers and give your time on an ad-hoc or permanent basis. You can volunteer as a coach, club accountant or event organiser.</p> <p>You can also volunteer at local sports clubs through Sport England.</p>
T	<p>Team London: Mayor of London flagship programme inspired by the 2012 Olympics. Large portal covering all types of volunteering opportunities across every London Borough https://volunteerteam.london.gov.uk/#s</p> <p>Third Sector - the UK's leading publication for everyone who needs to know what's going on in the voluntary and not-for-profit sector</p> <p>Time Bank This BBC supported campaign gives you the opportunity to share your time and skills with your community.</p>
U	<p>Union of International Associations - unique free service allows you to search the websites of all intergovernmental organizations (IGOs), comprising over 3000 bodies including the United Nations, the European Commission, the World Bank, etc.</p> <p>United Nations Jobs - find out about and apply for jobs at the United Nations</p>
V	<p>Vinspired : www.vinspired.com An organisation that encourages volunteering for 16-25-year olds and holds a database of volunteering activities available all over the country. It also provides funding for community projects run by young people.</p> <p>Volunteering England Provides advice and information for those who work or manage volunteers as well as to those who want to volunteer. The website also contains links to all the volunteer centres around the country where you can find volunteering opportunities.</p> <p>Volunteering in Greater London http://greaterlondonvolunteering.org.uk/</p>

	<p>Greater London Volunteering (GLV) is the regional umbrella organisation for volunteering in London. Members include Volunteer Centres and Volunteer Development Agencies covering every borough of Greater London. They help 50,000 volunteers and 9,000 organisations every year. Our main focus is to generate more volunteering activity in Greater London</p> <p>Volunteering Matters - provides volunteering and practical work experience throughout the UK</p>
<p>W</p>	<p>Water aid - mission is to overcome poverty by enabling the world's poorest people to gain access to safe water, sanitation and hygiene education</p> <p>World Service Enquiry - information and advice about working overseas in developing countries</p> <p>Worldwide Volunteering - searchable database of over a thousand volunteering placements.</p> <p>Worldwide mentoring and befriending</p> <p>Big Brothers Big Sisters The US based mentoring organisation. Website contains more information about the programmes including real life stories and press releases.</p> <p>International Mentoring Association US based international organisation seeking to support mentoring and provide a forum focusing on innovative mentoring ideas and practice.</p> <p>Mentoring Australia An association of mentors, educators and researchers. Includes a list of some of the mentoring projects running in Australia.</p> <p>National Mentoring Centre US based mentoring organisation. Provides a range of mentoring services including free downloadable resources and a web based library catalogue.</p> <p>Peer Resources Canadian based not for profit organisation. Operate in education and business mentoring and also community mentoring. Provides access to a range of resources both freely available and charged.</p> <p>Public/Private Ventures US based research and public policy organisation. Provides access to a range of documents about mentoring in the US, some of which are free to download.</p> <p>Further international opportunities, include:</p> <ul style="list-style-type: none"> • Frontier • Global Vision International (GVI) • International Volunteer HQ • Maximo Nivel • Kaya Responsible Travel • Pod Volunteer • Tru Experience Travel • Voluntary Service Overseas (VSO) • Volunteer Abroad • British Youth Council • Lattitude • Restless Development (International Citizen Service) <p>Work Experience and Volunteering Government based Resource bank</p>

	<ul style="list-style-type: none"> • http://www.direct.gov.uk/en/YoungPeople/Workandcareers/Workexperienceandvolunteering/DG_066181 <p><u>Work Experience Opportunities (extras)</u></p> <ul style="list-style-type: none"> • Prime for work experience within Law • Student Ladder – work experience placement information. • Whizz-Kidz – a charity which organises placements for wheelchair users aged 16 – 25 in all sorts of different sectors. • Prince’s Trust – this charity offers the ‘Get Into’ programme for 16 – 25 year olds to get work experience and training. • S4SNext Gen • Twin - work & volunteer
<p>YZ</p>	<p>Youth Action Network A network organisation that supports and develops a range of youth volunteering projects across England.</p> <p><u>Young people mentoring</u></p> <p>Barnardo's Barnardo’s is the leading UK children’s charity. We offer a wide range of support services for children, young people and their families, helping children who are young carers, for example, looking after a sick or disabled relative.</p> <p>Chance UK They provide specific and targeted solution focused mentoring for children aged 5-11 years based on individual needs.</p> <p>Rainer Rainer offers under-supported young people a range of services designed to give them the emotional and practical support they need to lead secure and fulfilled lives.</p> <p>Trust for the Study of Adolescence Provides information and training for professionals, parents and young people on issues affecting young people. Includes a range of resources for parents and those working with young people.</p>

UNIVERSITY OPPORTUNITIES

Doc bot (Cardiff University)	<p>Created by future doctors, Doc Bot is a platform for simplifying medicine where every day scientific media hype is explained, with facts. Their goal is to increase awareness of health issues and debunk myths, with their mission being to reduce preventable illnesses across the UK.</p>
SAMDA (Student Assisted Medicine and Dentistry Applications) Clinicians Evening Panel:	<p>On Wednesday 24th June 2020 from 5pm to 8pm. A Clinician's Evening will offer prospective Medicine and Dentistry students insights into. A career in medicine, Life as a Medical Student & Junior Doctor, Financing your Degree, An insight into Dentistry, Life as a Dental Student & Newly Qualified Dentist, The Application Process, Q&A</p>
University of Cumbria Virtual science Masterclasses	<p>Every Species Matters: Biodiversity and Ecosystem Resilience (Tuesday 9th June, 11am – 12pm) During this masterclass, we will explore biodiversity and ecosystem resilience and the important work of zoologist and conservationists in researching, protecting and preserving it.</p> <ul style="list-style-type: none"> • This masterclass is for those interested in careers in Zoology, Conservation or who have an interest in our natural world. <p>Problems with Pathogens (Thursday 11th June, 11am – 12pm) In this masterclass they will consider the consequences the spread of infectious pathogens can have at different scales and the important role vaccines have in controlling infectious disease.</p> <ul style="list-style-type: none"> • This masterclass is for those interested in Microbiology, Biomedical Science, or with an interest in the science of disease, human or otherwise. <p>Home-based Injury Screening and Prevention for Runners</p> <p>Learn about the common types of injuries in runners and how to practically screen yourself at home for related injury risk factors. Practical demonstrations of screening as well as related injury prevention exercises are included for you to try out on yourself!</p> <p>Masterclass: A Patient's Journey (22 June 2020 11:00 - 12:00) Follow Mrs Smith's journey after a fall and discuss the various methods of support that can be made available to her, the processes that go into deciding what services and support she should access, and much more.</p>
Digital subject Days at Leicester University	<p>Experience what it is like to study Chemistry, Engineering, Biological Sciences , Accounting & Finance, Law, History & Politics, Allied Healthcare , Medicine</p>
Royal Holloway Geography Subject	<p>Geography Taster Day, 6 July 2020, 11am to 3pm</p>

Master Class and MOOCS	<p>Taster Day and Video Competition: Global challenges in a changing world</p> <p>Teams need to register by 5pm on Monday 11 June and video entries sent by 12pm on Friday 29 June.</p> <p>Click Competition Information for more details or Register Here to sign up for the Taster Day.</p> <hr/> <p>MOOCS Survival Statistics: Secrets for Demystifying Numbers A free online course for anyone who is curious about the world and statistics.</p> <p>Understanding Biological Energy Designed for young people who have studied GCSE science and those who have an interest in the connections between these subjects and going on to study science at university.</p>
LSE Virtual Open Day	<p>Access the LSE's Virtual Open Day pages.</p> <p>A number of live online events are taking place this week in a variety of academic subject areas, as well as general sessions on Applying to LSE, Student Life, the LSE Students' Union, LSE Language Centre, LSE Volunteer Centre and more.</p> <p>Sign up to their Virtual Open Day gives you a flavour of what LSE</p> <p>Sign up to an Online Open Day Event</p>

Free Talks/ Webinars this week:

Tuesday, 8 th June 12.30pm-1.00pm	Royal Society of Medicine	<p><u>Vaccines</u> A safe and effective vaccine against COVID-19 is generally regarded as the only way out of the current crisis, especially if a widely predicted second wave develops. A number of groups around the world are urgently working to develop a vaccine using a variety of different strategies, but once it is developed and tested, how it will be manufactured at large scale, when will it become available, and how will it be priced and distributed in an equitable way around the world?</p>
Wednesday, 10 th June 6.00-7.00pm	LSE	<p><u>Good Economics for Hard Times</u> Can economics be harnessed for the common good? Abhijit Banerjee and Esther Duflo's latest book <i>Good Economics for Hard Times</i>, which they will discuss in this talk, makes the case for how economics can help us solve the toughest problems in some of the poorest places in the world. Based on a body of work that was awarded the Nobel in economics sciences,</p>

		the book offers hope and practical solutions for a world without poverty.
Wednesday, 10 th June 6.30-7.30pm	How to Academy	<u>The Future of Work in the Age of COVID-19</u> Daniel Susskind in conversation with Matthew Stadlen The pandemic is just the beginning. With full automation of white collar jobs on the horizon, how can we thrive in a world of less work? Daniel Susskind has the answers.
Wednesday, 10 th June: 7.00-8.00pm	Royal Society of Medicine	<u>Philippe Sands in Conversation</u> Philippe Sands, author of the best-selling and multi-award-winning “East West Street”, described as “mesmerising”, will be joining Professor Sir Simon Wessely to discuss his latest book, “The Ratline”, already labelled “exhilarating and gripping”, a story of love, lies and justice on the trail of the Nazi leader who got away, as well his reflections on the current crisis, international law and justice, and what it is like to make friends with the children of war criminals.
Thursday, 11 th June 6.30-7.30pm	How to Academy	<u>Women Don’t Owe You Pretty</u> Florence Given in conversation with Hannah MacInnes The artist, activist and award-winning influencer joins How To Academy to help young women determine feminism on their terms.
Friday, 12 th June 4.00-5.00pm	LSE	<u>Race and Policing in the USA</u> George Floyd’s death has sparked widespread protest in the U.S. over police abuse. This roundtable will discuss the sources of police violence and what can be done to fix America’s police and make law enforcement accountable.



UPCOMING VIRTUAL TALKS

Speakers for Schools is an organisation that brings leading experts and academics to the attention of state school children, they are excited to present their weekly VTalks schedule below! **To view anonymously, click on the Vtalk link in the schedule below and select: (Watch on the web instead > Join anonymously).**

Tips on participating in the VTalk

To access the talks, links should be opened in a browser that is not Internet Explorer and students should join the live event anonymously, there is no need to create a login.

Further guidance on how to access talks can be [found here](#)

Questions for speakers can be submitted via the below channels:

- Q+A Function during the talk which will be made live for students to submit questions
- Twitter: #SFSvtalk @speakers4schools
- Instagram: @speakers4schools

Any questions at all, please don't hesitate to contact the organisers on: inspiration@speakersforschools.org

MONDAY, 8th – FRIDAY, 12th JUNE 2020 VTALKS SCHEDULE

DATE	SPEAKER	INFO
Mon 8th June 2pm Add to calendar	CeCe Sammy, Vocal Coach & Asher Knight, Singer/Songwriter	If you can speak, you can sing! Join Vocal Coach to the stars, CeCe Sammy and Singer/Songwriter Asher Knight to discuss how music has helped people overcome barriers and learn some singing techniques to help students focus too!
Tues 9th June 10am Add to calendar	Julian Jessop, Economist	Should the voting age be lowered to 16? Economist, Julian Jessop will discuss the debate with students. This talk would suit any student interested in politics.
Tues 9th June 2pm Add to calendar	Dr Funke Abimbola, Solicitor, Business Leader and Diversity Campaigner	Dr Funke Abimbola is joining SFS to discuss 'Climbing mountains' - a session that reflects on Dr Abimbola's personal leadership journey, her journey to becoming a senior healthcare executive and lawyer and sharing top 5 tips for success!
Wed 10th June 10am Add to calendar	Charly Classen, Vice Chair, Special Olympics	A session on how sport has the ability to impact lives with a focus on demystifying the sports sector in terms of careers and jobs available across the wider sports industry.
Thurs 11th June 2pm Add to calendar	In collaboration with Penguin Talks: Maya Jama and DOM&INK	How to Build Confidence British television and radio presenter, Maya Jama, joins freelance illustrator and author of Free to Be Me, DOM&INK, to discuss what confidence means to them, the barriers to developing confidence and how we can build our own confidence.
Fri 12th June 10am Add to calendar	In collaboration with Into Film: Sarah Gavron, Film Director	British, feature film Director, Sarah Gavron, who's film credits include the film adaptation of Monica Ali's award-winning novel, Brick Lane, Suffragette, and the upcoming teen drama, made in collaboration with the creative team and the young people in the cast, Rocks, out later this year, will be answering questions and discussing her career, future projects and influences. Sarah has dedicated her career to accurately telling female stories and hopes to inspire more young women to enter the UK Film Industry.



We as a school have a specialism in Humanities subject provision and offer a wide variety of subjects at A Level to study. Below are some resources/advice to consider if interested in pursuing one or more of these curriculum areas at Post 16

English

- Go to the theatre to see serious plays when lockdown is over. At the moment you can watch performances from: [National Theatre](#) ; [Shakespeare's Globe Theatre](#) ; [The Old Vic](#)
- Watch arts programmes on TV and iPlayer: [The Culture Show](#), [Open Book](#)
- Use the [Guardian Book Club](#) website for a access to interviews, podcasts, and talks on literature.
- Use the [Poetry Archive](#) website which has recordings of poets past and present reading their work with background material to help understand the context of their work. There are also filmed interviews on the writing lives of poets.
- Go to [literature festivals](#) when lockdown is eased: Cheltenham, Bath, Hay, Edinburgh, London and many other places to listen to authors talk about their work. Literature Festival calendar at: www.literaryfestivals.co.uk
- Look at the websites of contemporary authors such as [Ian McEwan](#), [Julian Barnes](#).

What should you be reading?

- [English Literature: A Very Short Introduction by Jonathan Bate](#), Oxford University Press
- [Doing English: A Guide for Literature Students](#) by Robert Eaglestone
- Subscribe to the [English Review](#) magazine published by Philip Allan Updates
- Subscribe to [emagazine](#) and use its website [English and Media Centre](#)
- Good suggested reading list on the [University College London website](#):
- Read book, theatre and [poetry reviews](#) in the 'quality' press and on their websites

Which websites will be useful?

- The [After English website](#) looks at opportunities for English Literature graduates after university
- The [Converse](#) website is a collection of multimedia resources, games and essay to help students of English Literature resulting from a project between Cambridge University and schools across the country: <http://www.english.cam.ac.uk/converse/>
- [Bookseller World](#) has links to websites of and about authors past and present: <http://www.booksellerworld.com/author-websites.htm>

- Interviews with and talks by contemporary authors at the Hay Festival archive: <https://www.hayfestival.com>
- Interviews with and talks by contemporary authors on the Clive James website: <http://www.clivejames.com/>

Geography

- Travel and experience as wide a range of environments, climates, urban and rural settings as you can.
- Take opportunities to do as much fieldwork as you can. There will be opportunities to write about your fieldwork experiences in your personal statement or at interview.
- Become a [student member of the local branch of the Geographical Association](#) or a member of the Royal Geographical Society and use their services and websites: <http://www.geography.org.uk> and www.rgs.org
- Use the 11-19 and University Geography sections of [the Royal Geographical Society website](#) for ideas and resources.
- Keep up to date with current events relevant to Geography on the BBC especially the Weather and the [Science and Nature](#) webpages.
- Keep up to date with daily TV and radio news coverage, as well as the [BBC's Horizon](#), [Question Time](#), [Newsnight](#) and [Panorama](#) for issues relevant to Geography. The BBC News website is very useful especially the contributions of [David Shuckman](#) the Science editor who is a geographer.

What should I be reading?

- Subscribe to the [Geography Review](#) magazine published by Philip Allan Updates and look at the back-numbers if they are in you school library
- *National Geographic* magazine www.nationalgeographic.com
- Kings College, London have a very useful reading list on their website at:

<http://www.kings.cam.ac.uk/study/undergraduate/offerholders/reading-lists/geography.html>

- [Geography: A Very Short Introduction](#) by John A. Matthews, David T. Herbert
- [Global Catastrophes: A Very Short Introduction](#) by Bill McGuire
- [Globalization A Very Short Introduction](#) by Manfred Steger
- *An Introduction to Physical Geography and the Environment* by [Joseph Holden](#)
- [Atmosphere, Weather and Climate](#) by Barry, Chorley and Chase
- [An Introduction to Coastal Processes and Geomorphology](#) by Masselink and Hughes
- [Study Skills for Geography: A Practical Guide](#) by Pauline Kneale
- *An Introduction to Human Geography: Issues for the 21st Century* by [Peter Daniels](#) , [Michael Bradshaw](#), [Denis Shaw](#) and [James Sidaway](#).

Which websites will be useful?

- *The Met Office*: www.metoffice.gov.uk
- *The Royal Geographical Society*: www.rgs.org especially the *Geography in the News link*
- *The Ordnance Survey*: www.ordnancesurvey.co.uk
- *The Environment Agency* www.environmentagency.co.uk/floods

- Econet: www.econet.org.uk/weather/floods
- *The Power of Geography*: <http://www.thepowerofgeography.co.uk> / is very good on the applications of Geography in the world of business
- *People and Planet*: www.peopleandplanet.org.uk
- *United Nations*: www.un.org
- *Oxfam*: www.oxfam.org.uk
- *Internet Geography*: www.geography.learnontheinternet.co.uk
- *Department for Environment, Food and Rural Affairs*: www.defra.gov.uk
- *Food and Agricultural Organisation*: www.fao.org
- *GeoResources*: www.georesources.co.uk

HISTORY

- Read more texts by authors writing about the periods of history that you are studying – do not rely solely on those textbooks written specifically for the A Level market but aim to read more widely referring to the work of at least one professional historian.
- Explore periods of history that are new to you; if you have studied twentieth century history at both GCSE and A Level, widen your historical horizons by reading about ancient Rome or Greece, the Crusades, the Renaissance, Tudor England, the Scramble for Africa.
- Understand that there are different kinds of history: History as the study of ‘great’ individuals, history as ‘progress’, history as a social science, the Annales school, Marxist history, Anti-Marxist history, Feminist history, Post-modernist history.
- Read about what history is and how it has changed through time; think about the value of a study in depth in contrast to a broader more thematic study of the past.
- Visit sites of historical importance. You will probably have visited many historical sites already as part of school / family trips. Think about their value as windows into the world of the past; think about what they reveal about the culture, values and social mores of a bygone era.
- Get work experience in a museum.
- Go on archaeological digs.

What should I be reading?

- *History a Very Short Introduction* by John H Arnold, Oxford University Press
- *In Defence of History* by Richard Evans
- *The Uses and Abuses of History* by Margaret Macmillan
- Subscribe to *20th Century History Review* magazine published by Philip Allan Updates and look at the back-numbers if they are in you school library

- Read the magazine *History Today*
- Read reviews of new history books in the ‘quality’ press and on their websites

Which websites will be useful?

- Oxford University *History off the Shelf* website
- The BBC History website and history documentaries on iPlayer
- Channel 4 History website and history programmes on 4oD
- The *Reviews in History* website which reviews recent books and other resources which have been published
- The websites and web archives of any of the major museums such as the British Museum covering periods of history that interest you

LAW

- Visit a Magistrates’ and Crown court in your area
- Visit the Supreme Court and Royal Courts of Justice in London
- Do work experience with a solicitor or barrister or in the legal department of a large company or local council
- Find out about the branches of law other than criminal law
- Follow some current trials in the media especially the court report pages of the quality press and think and read about the issues they raise
- Get as much debating experience as you can
- Sign up for free copies of *Young Lawyer* magazine: <http://www.solicitorsjournal.com>
- Attend one of the Exploring Law student conferences courses at Nottingham University run by The Workshop for students interested in applying for Law at university: <http://www.workshop-uk.net/>
- If you are not already studying it read some books about Critical Thinking which provide a very useful background for the analytical skills needed for law

What should I be reading?

- *Progression to Law*, UCAS Books
- *What About the Law: Studying Law at University* by Barnard, O’Sullivan and Virgo
- *Law: A Very Short Introduction*, by Raymond Wacks, Oxford University Press
- *Human Rights: A Very Short Introduction*, by Andrew Claphan, Oxford University Press
- *The Rule of Law*, by Tom Bingham
- *The Justice Game*, Geoffrey Robertson
- *Just Law*, Helena Kennedy
- *Defending the Guilty*, Alex McBride
- Subscribe to the *A Level Law Review* magazine published by Philip Allan Updates and look at the back-numbers if they are in you school library

If you want to go into more depth the following are recommended:

- How to Study Law by A Bradney et al
- Understanding Public Law by C Ganz
- Understanding Law J Adams and R Brownsword
- Understanding Contract Law by C Clarkson
- Understanding Criminal Law by C Clarkson
- Modern English Legal System by Smith and Bailey

Which websites will be useful?

- BBC *Law in Action* web-pages
- Guardian website Law pages
- *Being a Juror* web-pages good on how courts work :
<https://www.gov.uk/jury-service>
- Brightside website law pages for careers, studying law, famous cases and Spotlight on Law
- Times Online: *The Cases that Changed Britain*
- Pathways to Law website to put you in touch with law specialists who will mentor you.

Politics

- Try to organise work experience with a local councillor, MP or pressure group such as Shelter, Greenpeace or Oxfam.
- Keep up to date with current events on the BBC News Politics website and listen to radio programmes such as *Today*, *PM*, *The Week in Westminster*, *Today in Parliament*, *From Our Own Correspondent*, *Any Questions*, *Any Answers*, *The Moral Maze*
- Keep up to date with daily TV news coverage, as well as the BBC's [*Question Time*](#), [*Newsnight*](#) and [*Panorama*](#)
- The *Parliament Channel* on television and its website: <http://www.parliamentlive.tv/Main/Home.aspx>) has live coverage of the House of Commons and includes some coverage of the Scottish Parliament, Welsh Assembly Government, Northern Ireland Assembly.

What should I be reading?

- *Politics: A Very Short Introduction* by Kenneth Minogue
- Subscribe to the *Politics Review* magazine published by Philip Allan Updates and look at the back-numbers if they are in your school library
- *British Politics: A Very Short Introduction* by Tony Wright

- *Democracy: A Very Short Introduction* by Bernard Crick
- *Government and Politics in Britain: An Introduction* by John Kingdon
- *Understanding Politics* by Moyra Grant
- *The New Statesman*: <http://www.newstatesman.com> , left-ish current affairs/politics magazine
- *The Spectator*: <http://www.spectator.co.uk> , a right-ish current affairs/politics magazine
- *The Economist*: <http://www.economist.com> , in-depth national and international political coverage
- *Time* magazine : <http://www.time.com/time> and *Newsweek*: <http://www.newsweek.com>) are good for coverage of American politics.

Which websites will be useful?

- *Political Studies Association*: www.studypolitics.org Has a good guide to course and an examination of why you should study politics, as well as two downloadable PDF files *Political Studies UK* and *Study Politics*
- *Parliament* : www.parliament.uk
- Research on the British constitution: www.ucl.ac.uk/constitution-unit
- *Prime Minister's Office*: www.number-10.gov.uk
- *Cabinet Office*: www.cabinetoffice.gov.uk
- *Civil Service*: www.civilservice.gov.uk
- *Conservative Party* : www.conservatives.com
- *Labour Party*: www.labour.org.uk
- *Liberal Democrats*: www.libdems.org.uk
- *Courts* : www.justice.gov.uk
- *Devolution* : www.devolution.ac.uk ; or www.ucl.ac.uk/constitution-unit/nations
- Opinion polls/political research: www.statistics.gov.uk or www.ipsos-mori.com/political/trends.shtml
- Electoral systems: www.electoral-reform.org.uk

PSYCHOLOGY

- Do some work experience which is not always easy to organise because of confidentiality issues but you may be able to:
- Talk to and perhaps shadow an educational psychologist who works in your local authority or a psychologist who works in a prison.
- Talk to and perhaps observe a psychologist working in a children's unit in a hospital.
- Contact children's charities who may employ psychologists eg Barnardo's or NSPCC.

- You could also support special needs children in your own school/college on a regular basis.
- The BPS has a Directory of Chartered Psychologists on its *Find a Psychologist* page on its website which will give you contact details for psychologists in your area.
- Attend one of the Psychology student conferences courses at Nottingham University run by The Workshop for students interested in applying for Psychology at university: <http://www.workshop-uk.net/>
- Explore the videos articles and podcasts on the psychology section of the *Podology* website: <http://www.podology.org.uk>
- Join the British Psychological Society's Student Members group (SMG) which entitles you to copies of *The Psychologist* magazine every month as well as issues of the newsletter *Psych Talk* and discounts on books, journals and events.

What should I be reading?

- Read *Psychology: A Very Short Introduction* (and other psychology titles in this series) by Gillian Butler, and Freda McManus , Oxford University Press
- *Progression to Psychology*, UCAS Books
- Subscribe to the *Psychology Review* magazine published by Philip Allan Updates and look at the back-numbers if they are in your school library
- Read more about topics on your A level course and about aspects of Psychology that you are not currently studying such as the different branches of the subject

Which websites will be useful?

- The British Psychological Society
- The A level Psychology website: <http://alevelpsychology.co.uk/>
- The *All in the Mind* Radio 4 programme archive on the BBC website
- The *Simply Psychology* website :
<https://www.simplypsychology.org/about.html>
- *Psychology Today* <http://www.psychologytoday.com/>
- The *Psychology Faculty* provides free, short films of university lecturers on topics on the A-level curriculum.

SOCIAL WORK

Try to do a range of relevant work experience:

- Supporting younger students in your school or college
- Voluntary work
- Working in a youth club
- Helping older people
- Charity work
- Working with the disabled

Try to work shadow a range of social workers and/or interview them about the realities of what can be a very emotionally demanding and stressful job.

What should I be reading?

- *Progression to Nursing, Healthcare and Social Work* UCAS Books
- *Understanding Social Work: Preparing for Practice* by Neil Thompson
- Adams, P., Dominelli, L., Payne, M. (eds) (2002) *Social Work: Themes, Issues and Critical Debates*, (2nd edition) Basingstoke: Palgrave.
- *The Blackwell Companion to Social Work* by M Davies
- *Becoming a Social Worker* by V Cree
- *Social Work: A Companion to Learning* by Lymbery and Postle
- Read the Guardian *Society* pages each week and explore the *Society* archive on their website: <http://www.guardian.co.uk/society>. This has up to date news, feature articles, blogs and an archive of articles about a range of social work related issues.
- Subscribe to the weekly magazine *Community Care*

Which websites will be useful?

- *SWAP* the Social Policy and Social Work Subject Centre student web-pages:

<http://www.swap.ac.uk/aboutswap/website/student.html>

- *Age Concern*
- *Samaritans*
- *Shelter*
- *NSPCC*
- *Oxfam*
- *The Big Project* has a comprehensive list of links to a large number of UK and international charitable organisations many of which give opportunities to volunteers:

http://www.thebigproject.co.uk/links_charities.htm

- *Socialworkandcarejobs.com*
- *The General Social Care Council (GSCC)* the regulator of social workers and social work education in England. Very important website with information about social work courses
- *Volunteering England* website for links to charities and voluntary organisations you might work with

SOCIOLOGY

Try to organise work experience with a local councillor, MP or pressure group such as Shelter, Greenpeace or Oxfam or in at workplaces relevant to topics on your course.

- Visit your local Crown or Magistrates' court and watch trials from the public gallery. You can also sit in on industrial tribunals which deal with workplace issues.
- Keep up to date with current events on the BBC News Politics website and listen to radio programmes such as *Today*, *PM*, *The Week in Westminster*, *Today in Parliament*, *From Our Own Correspondent*, *Any Questions*, *Any Answers*, *The Moral Maze* and especially Laurie Taylor's programme *Thinking Allowed on Radio 4*
- Visit the extensive *Thinking Allowed* archive of past programmes on the BBC website.
- Keep up to date with daily TV news coverage, as well as the BBC's [Question Time](#), [Newsnight](#) and [Panorama](#)

What should I be reading?

- Subscribe to the *Sociology Review* magazine published by Philip Allan Updates and look at the back-numbers if they are in you school library
- *Sociology* by Nicholas Abercrombie
- *Sociology: A Very Short Introduction* by Steve Bruce
- *Sociology* by Anthony Giddens
- *Sociology Themes and Perspectives* by Michael Haralambos and Martin Holborn
- *The Presentation of Self in Everyday Life* by Erving Goffman
- *Stuff* by Daniel Miller
- *The Globalization of Nothing 2* by George Ritzer
- *The Blank Slate* by Steven Pinker
- *Freakonomics* by Stephen J. Dubner and Steven D. Levitt

Which websites will be useful?

- The BSA (British Sociological Association: <http://www.britsoc.co.uk/>)
- The BSA Teaching Group website (formerly ATSS) has a large number of links to useful sociology websites: <http://www.atss.org.uk/>
- *Child Poverty Action Group*
- *The Equality Trust*
- *Office for National Statistics*: Statistics available from the National Statistics Office.

- *Sociological Research Online* is the electronic Journal of the British Sociological Association.
- *Sociology Central* has downloadable resources for post-16 sociology students and links to other sites.
- *Studio 4 Learning* is an American site, which has video presentations of basic concepts in sociology.
- *News Online* has video resources available here, relevant to Sociology.
- *Frontline* has video resources contemporary and historical, relevant to Sociology.
- *Beauty Matters* has teaching resources about body image, fashion and attraction
- Opinion polls/political research: www.statistics.gov.uk or www.ipsos-mori.com/political/trends.shtml
- Electoral systems: www.electoral-reform.org.uk
- <http://www.myheplus.com/subjects/sociology>
- Sociology BBC Radio 4 series Thinking Aloud: www.bbc.co.uk/programmes/b006qy05
- British Sociological Association: www.britsoc.co.uk/
- British Journal of Sociology: <http://www2.lse.ac.uk/BJS/home.aspx>
- Social Science Space website: <https://www.socialsciencespace.com/#>

RELIGIOUS STUDIES

- Philosophical Society: www.philosophicalsociety.com/
- 'In Our Time' series, Philosophy episodes:
<https://www.bbc.co.uk/programmes/p01f0vzr/episodes/downloads>
- Marianne Talbot's Philosophy for Beginners podcasts:
<https://mariannetalbot.co.uk/about/podcasts/philosophy-for-beginners/>
- Aeon Magazine, philosophy section: <https://aeon.co/philosophy>
- Medium Magazine: <https://medium.com/>
- Open Learn free course 'Introducing Philosophy':
<http://www.open.edu/openlearn/history-the-arts/culture/philosophy/introducing-philosophy/content-section-0?active-tab=description-tab>
- <http://www.myheplus.com/subjects/religious-studies>
- BBC Radio 4 series: <http://www.bbc.co.uk/programmes/b006s6p6>
- Ian Ramsay Centre for Science and Religion: www.ianramseycentre.info/

In our next bulletin (15th June), We will look at Career Research and Business/ Economics and Finance