

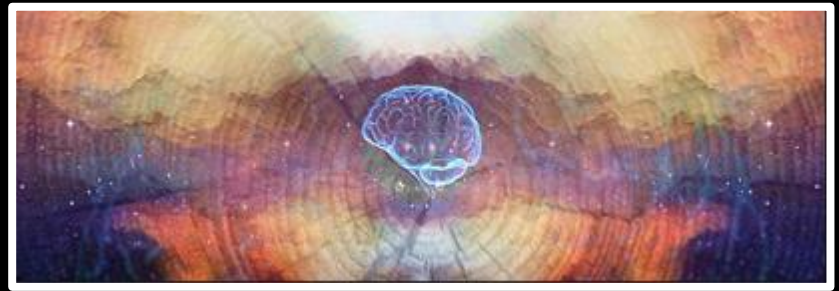
Simply

THE BEST

BARKING ABBEY
PARENTAL NEWSLETTER 9

Parental involvement is consistently associated with pupils' success at school

Your Role Matters...



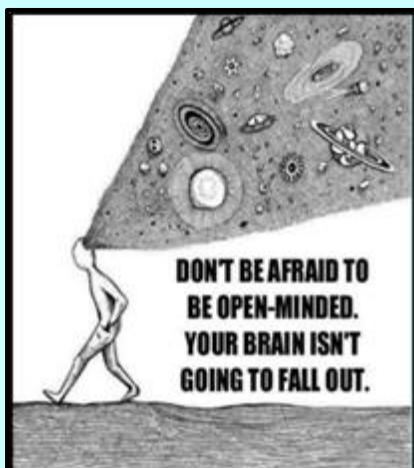
"The measure of intelligence is the ability to change."

Every 2 weeks your child is introduced to a **BEST Learning Habit** at school, please ensure that you:

1. Explain what it means
2. Show your child how to model the behaviour
3. Offer plenty of examples of how other members of the family have modelled the behaviour

(Please use the resource for tips to help you, or find out more from:

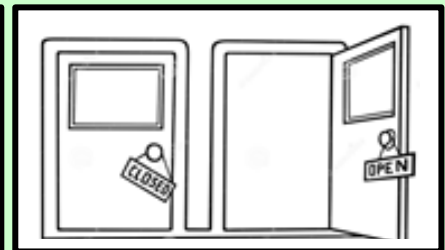
<http://www.barkingabbeyschool.co.uk/assets/Uploads/Documents/The-Best-Learning-Habits-for-Parental-guidance.pdf>



Here is our fortnightly learning habit and some tips to guide you:

Open-mindedness

Being receptive to new experiences and ideas



Behaviours that you can develop:

Listening to all points of view, not jumping to conclusions, being willing to consider new ways of looking at things and trying new things

Top Tips

Students:

- As you are learning, record the questions that spring to mind so you can investigate them at another time.
- Next time you have a choice of meal/cuisine, try a different culture.
- Read a book by a different author or a read a genre of book you have not explored before.
- Debate a news story or an issue you feel strongly about from the opposite viewpoint.
- Do some further research on a topic that you have studied in class.
- Find out how different religions/cultures celebrate holy days, worship, greet each other, socialise etc.

Parents:

- Visit a museum or gallery with your son/daughter and discuss the items on display.
- Watch a topical news story together and talk about the different viewpoints expressed.

Remember:

What is rewarded is repeated

So, what makes open-minded people so open-minded?

Here are common traits that are characteristic of this charismatic quality

They don't judge and are open to other's opinions:

Open-minded people are willing to listen to someone without judging or jumping to conclusions. They understand that they don't have to agree with everyone or vice versa.

They have a high level of curiosity:

Open-minded people want to know more about something. They prefer to inquire, learn, and even discover new insight into something they were previously unaware of.

They are willing to try new things:

Open minded people love trying new things with a willingness to embrace change. They don't mind trying out different types of food, or making new friends, or developing a new hobby.

They are willing to embrace change:

Open minded people are willing and able to embrace change because they see various possibilities and outcomes, rather than judging from only one angle of "experience".

They respect people's differences:

Open-minded people are open to people's values, beliefs, and differences and believe that differences are what make everyone unique. They do not label people.

They live in the present:

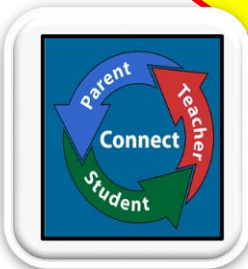
Open-minded people avoid dwelling on the past too much –because they consider mistakes or regrets as opportunities for progress.

They turn problems into opportunities:

They acknowledge that every problem has a solution or different perspective that is better than the first. Problems are opportunities to find out/learn what to fix.

They are willing to accept:

The ability to think of things from various angles and viewpoints allows them to accept more.



We live in an ever-changing world; our environment and daily life are part of an interconnected world, diverse and filled with unique individuals and cultures. Being open-minded and adaptable is essential for our well-being and our success.



To check whether your child has received BEST points you can use SIMS Parent <https://www.sims-parent.co.uk> or download the SIMS Parent App for your smartphone. Invites to SIMS parent have already been sent to all parents, if you haven't received one or need further help please email itsupport@barkingabbeysschool.co.uk.