

Simply

# THE BEST

BARKING ABBEY  
PARENTAL NEWSLETTER 8

Parental involvement is consistently associated with pupils' success at school

**Your Role Matters...**

## Listening is not the same as Hearing



Every 2 weeks your child is introduced to a **BEST Learning Habit** at school, please ensure that you:

1. **Explain what it means**
2. **Show your child how to model the behaviour**
3. **Offer plenty of examples of how other members of the family have modelled the behaviour**

(Please use the resource for tips to help you, or find out more from:

<http://www.barkingabbeyschool.co.uk/assets/Uploads/Documents/The-Best-Learning-Habits-for-Parental-guidance.pdf>

**Listening and attention skills are vital in a child's development** because they allow the child to function properly in society. When developing these skills, it is important that your child become **an active listener**, which means that they use what they hear from you and others as part of the communication process. By setting a good example and working with your child to develop these skills, you can give them **academic and social advantages in the future.**

Here is our fortnightly learning habit and some tips to guide you:

## Listening

Engaging with what you hear and making links with other experiences and knowledge. Taking in new information.

LISTEN & SILENT  
are spelled with the  
same letters

Think About It ♪

### Behaviours that you can develop:

Paying attention, understanding what has been said and what is expected of you, actively making connections with other experiences and knowledge, responding in a positive way, being able to support others, being able to lead others, being able to recite the instructions to a task.

#### Top Tips

##### **Students**

- Discuss with your friends and family the complexities of their day.
- Read a news story and write down the view points of the people involved.
- Ensure you know the correct meaning of the words you use to avoid causing offense.
- Pay undivided attention to the person talking to you. Repeat/present back what you have heard.

##### **Parents**

- Test your child on his/her listening skills. Get your son/daughter to verbalise how each person in the family might feel about a particular issue.
- Look together at news stories and discuss how people in different circumstances might be feeling.

### **Remember**

What is **rewarded** is **repeated**

## Listening is not the same as Hearing

The biggest communication problem is we do not listen to understand.  
We listen to reply.

*The greatest mistake we humans make in our relationships: we **listen** half, **understand** quarter, **think** zero and **react** double.*

### 7 STEPS TO ACCURATE LISTENING

You must not talk while the other person is talking. Pay attention and look directly at the speaker.



Be sure you are listening to the other person when they are talking, instead of preparing your reply



Pay attention to how the person is behaving



Be aware of body language of other person



Try to recognize the individual's feelings – for example: "You sound angry" or "You seem to be upset"



When the other person stops talking, try to paraphrase/translate what they have said. Reflect what you think you have heard. This technique helps to ensure that you understand.

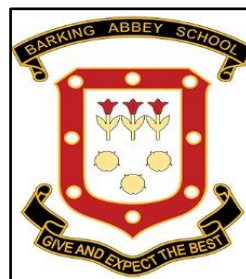
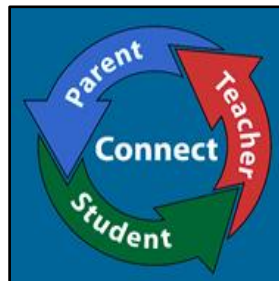


Let the other person know that you're listening – for example, by shaking your head

## Listening is not the same as Hearing



Hearing refers to the sounds that enter your ears. **Listening** requires focus and concentrated effort, both mental and sometimes physical as well.



To check whether your child has received BEST points you can use SIMS Parent <https://www.sims-parent.co.uk> or download the SIMS Parent App for your smartphone. Invites to SIMS parent have already been sent to all parents, if you haven't received one or need further help please email [itsupport@barkingabbeyschool.co.uk](mailto:itsupport@barkingabbeyschool.co.uk).